



UNIVERSITY OF EDUCATION, WINNEBA  
INSTITUTE FOR TEACHER EDUCATION AND  
CONTINUING PROFESSIONAL DEVELOPMENT  
(ITECPD)



END-OF-SECOND-SEMESTER EXAMINATION (August 2021)

COURSE CODE: EBC 123

COURSE TITLE: INTERSECTION OF PHYSICAL EDUCATION, SPORTS,  
MUSIC AND DANCE.

TIME ALLOWED: 50 MINUTES

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GENERAL INSTRUCTIONS:

- This paper is made up of ONE SECTION.
- Section ONE is made up of four essay type questions.
- Answer TWO questions in your answer booklet.
- Each question carries equal marks. You are expected to start each question from a new page.
- You are expected to handover your answer booklet to the invigilator before you leave the examination hall.

SECTION TWO

1. (a) Define the following terms.
  - i) Sprain (2 marks)
  - ii) Strain (2 marks)
  - iii) Dislocation (2 marks)
  - iv) Fracture (1 mark)(7 marks)  
(b) Mention the three (3) aims of First Aid in the treatments of injuries. (3 marks)
2. Write briefly on the Apatampa dance using the following guidelines. (2 marks)
  - (a) Historical background (2 marks)
  - (b) Two occasions for performance (3 marks)
  - (c) Three (3) instruments that are used in the performance (3 marks)
  - (d) Performance practice/physical activity in the dance
3. (a) How would you explain the concept of physical fitness to a group of cocoa farmers? (2½ marks)  
(b) List and explain the five (5) Health Related Physical Fitness components. (7½ marks)
4. (a) State three (3) uses of music and dance in the Ghanaian society. (3 marks)  
(b) Write three (3) importance of Rites - de -Passage. (3 marks)  
(c) Outline four (4) functions of indigenous songs associated with Rites -de- Passage (4 marks)